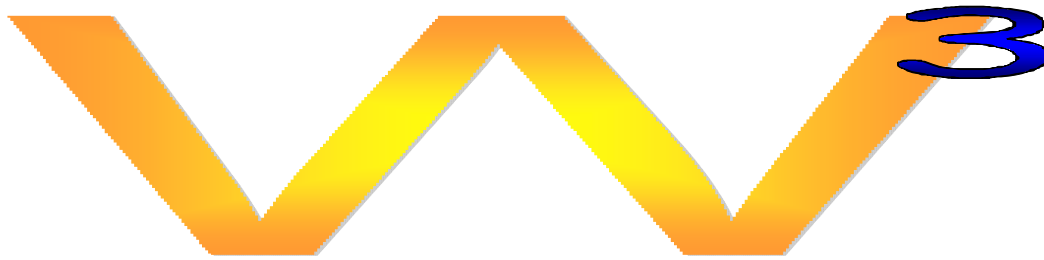


THE ENERGY EQUATION



FOR TEENS

Here it is spelled out

W #1 is for *Wired Verses*.

These are the verses that we will teach from each week. They have the power to transform you from within.

W #2 is for *Whole Worship*.

This is how we are supposed to worship, with our whole selves and not just in church. We will learn more about this each Sunday morning.

W #3 is for *What up? Walk*.

This part of the lesson helps us to apply what we learn and our worship of Jesus to our everyday lives,

So let's put this energy equation to work in our lives.

We guarantee the results will be electrifying!

The power you need *is* available.



Just plug in.

Wednesday Nights – 7:00 pm

Sunday Mornings – 9:30 am

Lake Murray Church – 5480 Lake Murray Blvd – La Mesa, CA 91942